Dear coach,

Here are the latest guidelines for the Maitoshi Kachi Trophy.

- Doors will open at 7am for all participants, coach and spectators.

- There will be 2 places to enter the rooms.

o Spectators competition room (rear part of the sports hall)

o Coach and participants in the warm-up room (1st part of the sports hall)

- There will be no coaching meeting before the competitions. All regulations are included in your invitation. Here are some changes.

o Kata will be done with the flag system.

o Kumite seniors will be reduced to 2 minutes instead of 3 minutes.

o The above is because we want to finish the competitions on time.

- If you have additional questions, you can always ask the competition organization or the referee responsible.

- Only 1 coach can receive the coaching documents. This person will have to sign a document upon receipt.

- At the start of the first matches, the campers will enter with music. (only the first series will take part).

- Warm-up room:

o All series will be called in the warm-up room.

o Our runners will call the participants a maximum of 3 times. If this person is not present in the warm-up room, the name will be called out twice in the competition room. If there is no response after calling out the name 5 times, these participants will be removed from the competition list.

- After completing the series, the medal winners will be accompanied to the podium, after 4 completed series the cups will be handed over.

- In the kumite series, all participants will have to go to the weigh-in.

o There will be no weighing on the competition mat.

o No changes can be made after March 22.

- Our catering will be provided with all kinds of goodies that can be purchased at reasonable prices.

I wish everyone a sporty and fun day.

Kind regards,

Jurgen